

2020-21 OSAA Season Calendar

8/17 - 1/3	12/28-1/3	1/4-10	1/11-17	1/18-24	1/25-31	2/1-7	2/8-14	2/15-21	2/22-28	3/1-7	3/8-14	3/15-21	3/22-28	3/29-4/4	4/5-11	4/12-18	4/19-25	4/26-5/2	5/3-9	5/10-16	5/17-23	5/24-30	5/31-6/6	6/7-13	6/14-20	6/21-27		
Season 1																												
Sports/Activities permitted will not be designated by the OSAA but rather will be at the discretion of the local school district, provided they are allowed by the Governor's Office, OHA, ODE, and the school adheres to the directives from those entities. OSAA policies regarding out-of-season coaching limitations have been waived during Season 1 with the caveat that student participation in these sports cannot be required. All other OSAA rules and policies remain in effect at this time.																												
Season 2																												
Practice		Swimming										OSAA																
Practice		Wrestling										OSAA																
Practice		Basketball										OSAA																
Season 3																												
Practice		Cross Country										OSAA																
Practice		Volleyball										OSAA																
Practice		Soccer										OSAA																
Practice		Football										OSAA																
Season 4																												
Practice		Golf										OSAA																
Practice		Tennis										OSAA																
Practice		Track and Field										OSAA																
Practice		Baseball										OSAA																
Practice		Softball										OSAA																
OSAA Activities (No Defined Season)																												
Cheerleading		OSAA																										
					Dance/Drill		OSAA																					
							Speech		OSAA																			
									Solo Music		OSAA																	
											Choir		OSAA															
													Band/Orchestra		OSAA													



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



2020-21 OSAA Season Calendar

Season 1 – August 31 to December 27

Sports/Activities permitted will not be designated by the OSAA but rather will be at the discretion of the local school district, provided they are allowed by the Governor’s Office, OHA, ODE, and the school adheres to the directives from those entities.

OSAA policies regarding out-of-season coaching limitations have been waived during Season 1 with the caveat that student participation in these sports cannot be required. All other OSAA rules and policies remain in effect at this time.

Season 2 – December 28 to March 6

- 2 Practice Weeks (must have 9 days of practice prior to first competition with another school)
- 7 Competition Weeks
- Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity’s culminating week.

Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Swimming	12/28/2020	1/11/2021	8 Meets	2/28/2021	3/1-6/2021
Wrestling	12/28/2020	1/11/2021	9 Events, 11, 30	2/28/2021	3/1-6/2021
Basketball	12/28/2020	1/11/2021	14 Games	2/28/2021	3/1-6/2021

Season 3 – February 22 to May 1, 8

- 2 Practice Weeks (must have 9 days of practice prior to first competition with another school – requirement waived with participation in Season 2) ***See below for Football Practice and Protective Equipment Policies**
- 7 Competition Weeks
- Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity’s culminating week.

Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Cross Country	2/22/2021	3/8/2021	9 Meets	4/25/2021	4/26-5/1/2021
Volleyball	2/22/2021	3/8/2021	14 Playing Dates	4/25/2021	4/26-5/1/2021
Soccer	2/22/2021	3/8/2021	10 Matches	4/25/2021	4/26-5/1/2021
Football	2/22/2021	3/16/2021	7 Games	5/2/2021	5/3-5/8/2021

Season 4 – April 19 to June 26

- 2 Practice Weeks (must have 9 days of practice prior to first competition with another school – requirement waived with participation in Season 3)
- 7 Competition Weeks
- Teams/individuals that do not qualify for an OSAA Culminating Week event may continue to compete/practice through the conclusion of that sport/activity’s culminating week.

Sport	First Practice Date	First Contest Date	Participation Limitation	Qualifying Date	OSAA Culminating Week
Golf	4/19/2021	5/3/2021	14 Nine-Hole Rounds	6/20/2021	6/21-26/2021
Tennis	4/19/2021	5/3/2021	12 Playing Dates	6/20/2021	6/21-26/2021
Track and Field	4/19/2021	5/3/2021	9 Meets	6/20/2021	6/21-26/2021
Baseball	4/19/2021	5/3/2021	18 Games	6/20/2021	6/21-26/2021
Softball	4/19/2021	5/3/2021	18 Games	6/20/2021	6/21-26/2021

Activity Seasons

OSAA Activities, including cheerleading, dance/drill, speech and music, are not traditionally defined by a single season. This is due to their direct tie to school curriculum (speech and music) or their dual role as both a support and competitive activity (cheerleading and dance/drill). Therefore, these activities have culminating events that fall within certain seasons but are not assigned to one designated season.

Activity	First Practice Date	Qualifying Date	OSAA Culminating Week
Cheerleading	8/31/2020	3/7/2021	3/8-13/2021
Dance and Drill	8/31/2020	4/11/2021	4/12-18/2021
Speech	8/31/2020	4/18/2021	4/19-25/2021
Solo Music	8/31/2020	4/25/2021	4/26-5/2/2021
Choir	8/31/2020	5/2/2021	5/3-9/2021
Band	8/31/2020	5/9/2021	5/10-16/2021
Orchestra	8/31/2020	5/9/2021	5/10-16/2021

General Guidance for 2020-2021 School Year

- All Member Schools must follow all directives from the Governor’s Office, Oregon Health Authority, Oregon Department of Education, and the OSAA related to COVID-19.
- When scheduling contests local/regional competition should be the priority, including consideration of cross-classification play when appropriate.
- Event hosts must follow OHA guidance for large group gatherings, including number of teams, participants, and spectators. This will impact planning for jamborees, tournaments, invitationals, and multi-school events.

***Football Practice Policy:** Must have nine days of on-field football practice prior to the start of contests and follow the practice progression outlined in the [Practice Model](#). Use of football protective equipment is prohibited outside of Season 3.