


PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 Fever: temperature of 100.4°F (38°C) or greater	<p style="text-align: center;">*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.</p> <p>*Fever-free for 24 hours without taking fever-reducing medicine AND per guidance for primary COVID-19 symptoms.</p>
 New cough illness	<p>* Symptoms improving for 24 hours (no cough or cough is well-controlled) AND per guidance for primary COVID-19 symptoms.</p>
 New difficulty breathing	<p>* Symptoms improving for 24 hours (breathing comfortably) AND per guidance for primary COVID-19 symptoms. Urgent medical care may be needed.</p>
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
 Vomiting: one or more episode that is unexplained	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
 Headache with stiff neck and fever	<p>*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed.</p>
Skin rash or open sores	<p>*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.</p>
Red eyes with colored drainage	<p>*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.</p>
Jaundice: new yellow color in eyes or skin	<p>*After the school has orders from doctor or local public health authority to school nurse.</p>
Acting differently without a reason: unusually sleepy, grumpy, or confused.	<p>*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.</p>
Major health event , like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	<p>*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.</p>

Guidance for Primary COVID-19 Symptoms and Symptom-Based Exclusion

Students and staff must be excluded from the school setting if they are in the communicable stages of a school-restrictable disease.

PRIMARY SYMPTOMS OF COVID-19:

- Fever
- Cough
- Difficulty breathing or shortness of breath and
- Loss of taste or smell.

Schools are required to exclude for 5 days when:

- A student exhibits two or more of the primary symptoms of COVID-19 (above)
AND/OR
 - **Test positive for COVID-19**
 - **Refuse to test for COVID-19**

If a student has two or more of the primary symptoms of COVID-19 **AND** tests negative, they may return following symptom guidance document (on reverse side).

If you have questions or concerns, please feel free to contact Nurse Elliott.

Sarah Elliott

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For more detailed information, please refer to:

- [Communicable Disease Guidance for Schools](#)
- [OHA 4022A Isolation and Exclusion Guidelines for K-12 Settings](#)
- [Fern Ridge School District website- 22-23 School Information](#)