



To start with

All
FREE

1. Community Health Center
of Lane Co. (Char Nelson Clinic)
151 W. 7th - Suite 100 Eugene
541-686-3550
many services / will help medically
take care

2. Catholic Community Services
945 W 7th 345-3628
Get on list for housing for
pregnant mom.

3. 1st Way Pregnancy Center
1162 "B" St (at corner of 12th & B)





Go to gate push button
They will let you in
10-4 hours M-F
6-16 weeks pregnant.
Can do ultrasound & tons
of help & clothes for you &
baby.
★ They also have mobile
units at 1025 "G" St.

④ WIC - See packet
have proof of address
proof of pregnancy
sign up for OHP.





Adult Human Services
for Food Stamps, Health Plan
TANA - (Cash assistance after
baby is born)
Address - depends on your
address zip code.

