## ELMIRA HIGH SCHOOL VOLLEYBALL CAMP

**AUGUST 10th - 14th 2015** 

## 2015 Camp Information:

The goal of Elmira volleyball camp is to provide a place for athletes to learn fundamentals of volleyball, gain valuable team experiences and build a competitive volleyball community.

**Dates:** August 10-14, 2015 **Times:** 9:00 am-12:00 pm

Where: Elmira Gym: 24936 Fir Grove Lane, Elmira, OR 97437

**Who:** Girls entering or enrolled in High School and are interested in improving skills before the fall tryout dates. This camp is not limited to Elmira Students. If you have a friend or sister that wants to improve fundamental skills, please invite them to attend.

**Cost:** \$50 (Check made payable to Elmira High School or cash. Please bring to first day of camp to participate.)

## **2015 Volleyball Season Information:**

High School Volleyball Tryouts will be held on Monday, August 17<sup>th</sup> and Tuesday, August 18<sup>th</sup> from 4:00 to 6:00 pm. Teams will be finalized on the night of the 18<sup>th</sup>. Official Varsity and JV practices will begin on Wednesday, August 19<sup>th</sup>. Varsity practices will run from 4:00 to 6:00 pm, and JV will practice from 6:00 to 8:00 pm.

\*There will be free open gym time held at Elmira High School the week prior to camp for any girls interested in getting some extra touches on the ball. (Monday, August 3<sup>rd</sup> – Thursday, August 6<sup>th</sup> from 9:00 – 10:30 am)



\*If you have any questions please contact Coach Knox at mackenzieknox5@gmail.com

