Sophomore year checklist

Fall-Winter

Time management

- \square Learn how to make the most efficient use of your time
- Use SMART goals to keep you on task (www.studyright.net/ wp-content/uploads/2013/01/SMART-Goals-Tracker.pdf)
- □ Include down time in your schedule

College entrance exams

- Many campuses may be test optional, check fairtest.org for the most updated list
- □ College placement test preparation
- ☐ Take the PSAT (Pre-SAT) to help prepare you for the SAT (www.khanacademy.org/test-prep/sat)
- Take the PLAN (Pre-ACT) to help prepare you for the ACT (https://academy.act.org/)

Spring

Academics

- □ Keep up your grades—colleges look at your grade point average (GPA)
- □ Plan rigorous academic courses for your junior year
- □ Review your four-year academic plan with your counselor
 - Enroll in Honors, Advanced Placement (AP) or International Baccalaureate (IB) courses, which may earn college credit
 - ☐ Take college courses while in high school and earn both high school and college credit (known as dual/concurrent enrollment)

Extracurricular activities

- □ Join a club or try out for a sports team
- □ Volunteer for something you find important
- Explore summer opportunities—be mindful of application deadlines

Career exploration

- Seek summer opportunities to work or volunteer in your field of interest
- Take an interest inventory—it expands your ideas for careers you may enjoy (https://bigfuture.collegeboard.org/ explore-careers)
- ☐ Have conversations with counselors, teachers, family and community members about their career paths and what they studied in college

College search

- Visit campuses—think about size, location and academic programs
- Attend local college fairs in your area (www.nacacfairs.org/attend/national-college-fairs)
- Try online college fairs and virtual campus tours (https://campustours.com)
- Use an online search engine to find colleges (http://bigfuture.collegeboard.org)

Summer

Prepare for summer

- □ Create a summer reading list from teacher recommendations
- Confirm your summer plans (e.g., work, academic enrichment programs, summer workshops, service learning, travel, camps, internship, campus tours)

Money management

- Learn about types of scholarships and grants (www.finaid.org, www.studentaid.gov)
- Take a financial education course (www.fdic.gov/ consumers/consumer/moneysmart/young.html)
- Use the tools found on the College Affordability and Transparency Center website (https://collegecost.ed.gov) to compare and estimate your college costs
- □ Research Net Price Calculators on the websites of colleges and universities that appeal to you