



Outdoor Contact Sports Opt-In Form

Updated 2/16/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer outdoor contact sports for the 2020-21 school year in accordance with the Governor’s February 10, 2021 update to [Outdoor Contact Sports Guidance](#). Once final, this form will be posted to a school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Fern Ridge School District-Elmira High School
Key Contact Person for this Plan	Rick Gardner-Principal Sarah Wartenbee-Assistant Principal/Athletic Director
Phone Number of this Person	541-935-8200
Email Address of this person	rgardner@fernridge.k12.or.us swartenbee@fernridge.k12.or.us
Specify Outdoor Contact Sports Included in this Plan	Football
Intended Starting Date for this Plan	2-17-2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

Elmira High School is currently offering Comprehensive Distance Learning with Limited In-Person Instruction. We began utilizing this model in October and with only limited interruption have maintained it to this point. We have been waiting for the metrics in Lane County to support the implementation of a hybrid model and we are hopeful that the numbers the OHA will provide this week will support a transition to a hybrid model in early March. We have been making preparations for this transition and are confident that we can do so in a safe manner.

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

Our testing supplies have been ordered from the Oregon Health Authority. We will be utilizing the Abbott BinaxNOW test for Covid-19. Our athletic trainer and district nurse are trained to administer the tests. Any student who has symptoms when they are screened (**we are actively discouraging individuals who are displaying symptoms from attending practice**) or displays symptoms during the course of practice will be tested. If symptoms occur during practice all close contacts will also be tested. Any symptomatic individual and close contacts will be removed from practice and required to quarantine pending the results of their tests.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

We have been utilizing the attached COVID Monitoring Form since the beginning of conditioning workouts this summer.

- [COVID Monitoring Form: PDF](#)

We have utilized the following process for checking in our student athletes.

1. Student-athletes check-in with a coach at a designated location by pod.
2. Temperatures are checked and all of the relevant questions are asked of each student athlete.
3. All responses are tracked on the above COVID Monitoring form.
4. These procedures are also repeated for each coach as well.
5. Check in and check out time is also noted on each form.
6. Student-athletes who display any symptoms during the day are actively discourage from attending practice or games.
7. Each form for each day will be kept for the entirety of the season.
8. All information is also shared with our district nurse and athletic trainer for the purpose of contact tracing.
9. On game days we will also complete check-in information for all officials, game personnel, and any other necessary staff to run the game.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school’s specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

Elmira High School is using the following student-athlete waiver:

<file:///H:/Athletics/COVID%20WAIVER%20OF%20LIABILITY%202.15.21.pdf>

This waiver was distributed at practice on Monday, February 15th. Students will be unable to wear any protective equipment until this waiver is complete. The completed forms will be kept on file with the athletic director until the end of the school year.