Helpful COVID-19 Resources (as of 4/10/20)

Senator Merkley's <u>comprehensive Coronavirus page</u> has a variety of updates and resources.

Other resources compiled by Team Merkley (new additions highlighted each day):

- <u>Health Care</u>
 - Oregon Health Authority COVID-19 FAQs
 - National Association of County and City Health Officials' <u>Searchable Directory</u> of Local Health Departments
 - Oregon Health Plan information about <u>applying for health coverage</u> (recommended for people who have had a change in their employment and may now qualify for health coverage through OHP, even if they have been denied in the past)
 - o State of Oregon Information about COVID-19 Health Insurance and Scams
 - CMS FAQ document with clarity on coverage for diagnosis and treatment of COVID-19 by catastrophic health plans
 - CMS telehealth payment requirements FAQ
 - Apple/CDC's <u>new website</u> and app with a COVID-19 screening tool and resources to help people protect their health
 - CDC's <u>guidelines regarding use of a face cover when in public spaces</u> (which is now suggested to reduce the chance that individuals displaying no symptoms could contribute to the spread of the virus)

• Families and Students

- SEIU's <u>GetHelpCOVIDOregon.org</u> website, which is a one-stop-shop that connects Oregonians to services and provides tips on what to have ready to apply for Unemployment Insurance, SNAP (food stamps), OHP or other health coverage, Employer Related Child Care, and Housing Services
- Alzheimer's Association's <u>emergency preparedness information website with</u> downloadable resources for professional caregivers
- o Alzheimer's Association's resource page for family caregivers

Education

- Oregon Department of Education's <u>COVID-19 FAQs</u>
- Oregon Department of Education's Early Learning Division <u>COVID-19</u> <u>Resources Website</u>
- Oregon Higher Education Coordinating Commission COVID-19 <u>Resources for</u> <u>Higher Education Partners</u>
- Oregon College and University <u>COVID-19 Institutional Update Webpages</u>
- Oregon State Parks <u>COVID-19 Frequently Asked Questions</u>
- o Oregon Department of Education's Distance Learning for All Summary
- o Oregon Department of Education's Distance Learning for All Guidance

Hunger

- Oregon Food Bank's Food Bank Finder (searchable by zip code)
- Oregon Supplemental Nutrition Assistance Program Education's Food Hero website with resources about meal budgeting, planning, and recipes
 - Its <u>searchable database</u> has plenty of quick, tasty, healthy and low-cost recipes
 - Food Hero is also offering <u>free online gardening lessons</u> for kids and adults

- Partners for a Hunger-Free Oregon's <u>list of resources to support children, college</u> <u>students, and families</u>, including an <u>interactive map of where to find meals for</u> <u>children</u>
- Oregon Department of Education's <u>list of school district programs and plans to</u> feed students for the duration of Oregon's school closures

Housing

- Oregon Housing and Community Services <u>COVID-19 Resources</u>
- Federal Department of Housing and Urban Development <u>COVID-19 Info and</u> <u>Resources</u>
- Governor Brown's <u>additional guidance on her Stay Home</u>, Save Lives order as it relates to Oregonians experiencing homelessness and organizations that provide services to low-income Oregonians
- Oregon Law Center's Eviction Guidance for Renters (based on Governor Brown's Executive Order to halt residential evictions until June 19th)
- Federal Consumer Financial Protection Bureau's <u>Guide to Mortgage Relief</u> <u>Options Related to Coronavirus</u>

Immigrants and Refugees

- o Unite Oregon's Public Charge Rule and Coronavirus Resource Page
- o Unite Oregon's Coronavirus Complete Resources Page (in English and Spanish)

<u>Economic Development, Small Business, and Worker Supports</u> For Employers and Employees

- o Business Oregon's Coronavirus Resources for Businesses
- o Business Oregon's Business Survival Tips During an Emergency
- Oregon Employment Department's <u>COVID-19 Related Business Layoffs</u>, <u>Closures</u>, and <u>Unemployment Insurance Benefits Info</u>
 - Oregon Employment Department's direct link <u>for unemployment benefits</u> <u>application</u>
- Businesses can apply for a <u>Small Business Administration Economic Injury</u> <u>Disaster Loan (EIDL)</u>
- Oregon Department of Administrative Services <u>Coronavirus Information for State</u> <u>Government Employees</u>
- IRS' information page about the newly <u>extended tax return filing/payment</u> <u>deadline (extended to July 15, 2020)</u>
- US Department of Labor's Wage and Hour Division's first round of implementation guidance for the Families First Coronavirus Response Act:
 - Factsheet for employees
 - Factsheet for employers
 - FAQs (general)
 - FAQs about paid sick leave and extended family and medical leave
- o OHA's cleaning tips for restaurants and other businesses that are still operating
- Oregon's Occupational Safety/Health Division website for workers with concerns about their employer's compliance with COVID-19 workplace guidance
- Small Business Administration's <u>List of Lenders who Serve Oregon and SW</u> <u>Washington</u> (also on Senator Merkley's Operation: Main Street Website)
- o Governor Brown's Coronavirus Small Business Resource Navigator website
- Governor Brown's <u>Commercial Eviction Moratorium</u>

For Farmers

- USDA's <u>COVID 19-FAQs</u>
 - USDA <u>Directory of Rural Development Staff in Oregon</u>
 - USDA FAQs on Paycheck Protection Program
- Farm/farm businesses with questions about operations of FSA and NRCS can review <u>some helpful information</u> Senator Merkley's staff has compiled as of 3/23/20
- USDA Rural Development's <u>COVID-19 resource page with information about</u> <u>Rural Development loan payment assistance, application deadline extensions, and</u> <u>more</u>
- USDA's <u>Flexibilities for Crop Insurance to Support American Farmers and</u> <u>Ranchers</u>

For Elected Officials and Community Leaders

- HUD's Guide on <u>CDBG Eligible Activities to Support Infectious Disease</u> <u>Response</u>
- Oregon Community Foundation's <u>Oregon Community Recovery Grant Program</u> <u>Website</u> (for nonprofits in Oregon particularly affected by COVID-19)
- Governor Brown's <u>latest Executive Orders and Comprehensive COVID-19</u> <u>Website</u>
 - OHSU's shareable Stay Home, Save Lives Executive Order FAQs
 - OSP's FAQs related to Governor Brown's Stay Home, Save Lives Order
- o Census Bureau's Overview of Operational Adjustments due to COVID-19
- FEMA's Coronavirus Rumor Control Website in English and Spanish
- World Health Organization's <u>Coronavirus Myth-Busting Website</u>
- The State of Oregon/Wieden + Kennedy's <u>Stay Home, Save Lives public</u> <u>awareness campaign website</u> with videos, social media content and filters, and downloadable lawn signs and posters
- USDA Rural Development's <u>COVID-19 resource page with information about</u> <u>Rural Development loan payment assistance, application deadline extensions, and</u> <u>more</u>
- USDA Rural Development's <u>Summary of Measures to Help Rural Residents</u>, Businesses, and Communities Affected by COVID-19 (as of April 8, 2020)
- o State of Oregon's County Emergency Managers Contact List
- National Conference of State Legislatures <u>Explanation of COVID-19 Stimulus</u> <u>Bills' Benefits for State and Local Governments</u>
- NAACP's <u>Coronavirus Equity Considerations and Civil Rights Advocacy</u> <u>Recommendations for federal, state, and local elected officials</u>

• FAQs about COVID-19 Equipment Shortages and How to Help

- CDC guidance for when homemade face masks can be used
- FDA guidance for production of alcohol-based hand santizer
- State of Oregon's interest form for people interested in volunteering to assist with the response
- Guidance for those who want to donate or sell personal protective equipment (PPE):

Offers to produce and sell PPE

- Enter information for State registry <u>here</u>
- Email federal team <u>here</u> Please include as many details as possible about the request (e.g., manufacturer name, address, product, and model number) and contact information

Offers to import from other countries:

- Enter information for State registry <u>here</u>
- Email federal team <u>here</u>

Please include as many details as possible about the request (e.g., manufacturer name, address, product, and model number) and contact information

Offers to donate PPE:

- Enter information for State registry <u>here</u>
- Email federal team <u>here</u>

Please include as many details as possible about the request (e.g., manufacturer name, address, product, and model number) and contact information