

FERN RIDGE MIDDLE SCHOOL

Fern Ridge School District 28J

88831 Territorial Road, Elmira, Oregon 97437

Phone (541) 935-8230

FAX (541) 935-8234

Ryan Chambers, Counselor

Olivia Johnson, Principal

This permission slip is to notify you of upcoming Planned Parenthood health education presentations in your child's classroom. Health educators will visit science classes on the following dates:

Friday February 2nd:

10:15 – 11:05 - 3rd period – Davis – 6th grade

12:35 – 1:25 – 5th period – Davis – 6th grade

1:30-2:20 – 6th period – Stoe – 8th grade

2:25 – 3:15 – 7th period – Davis – 7th grade

Monday February 5th:

8:20-9:15 – 1st period – Stoe – 8th grade

9:20-10:10 – 2nd period – Stoe – 8th grade

11:10-12:00 – 4th period – Davis – 7th grade

Tuesday February 6th:

11:40 to 12:30 4th period – Stoe – 8th grade

12:35 – 1:25 – 5th period – Stoe – 6th grade

2:25 – 3:15 – 7th period – Stoe – 6th grade

Thursday February 8th:

8:20-9:15 – 1st period – Davis – 7th grade

9:20-10:10 – 2nd period – Davis – 7th grade

In addition to the first visits scheduled above, a second follow up visit will be scheduled for some time mid-February. Parents who consent to the first session are also consenting to the second session. Parents who refuse consent for the first session are also refusing consent for the second session. Times/dates for the second session are still being finalized. Times/dates listed above are subject to change.

The topics covered for the different grades are described below:

Topic: Human Growth and Development –Anatomy and Physiology (6th Grade)

- Recognize the importance of healthy body systems and how each contributes to personal health.
- Recognize female and male reproductive systems including reproductive anatomy and function.
- Identify medically accurate information about male and female anatomy.
- Demonstrate use of medically accurate language for reproductive anatomy and reproduction.
- Describe physical, social, and emotional changes that occur during puberty.
- Identify health care practices related to physical changes.
- Recognize that puberty prepares male and female reproductive systems for the potential to reproduce.
- Describe physical changes related to reproduction, including menstruation.

Topic: Healthy Relationships (7th Grade)

- Explain how to build and maintain healthy family, family, peer and dating relationships.
- Discuss impact of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape, and dating violence. Including: compare and contrast the characteristics of healthy and unhealthy relationships.
- Describe a range of ways to express affection within various types of relationships.

Topic: Consent (7th Grade)

- Practice effective communication skills to refuse sexual pressures and communicate the consequences of sexual activity, and consent.
- Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape, and dating violence.
- Describe a range of ways people express affection within various types of relationships.
- Demonstrate effective ways to communicate personal boundaries and show respect for the boundaries of others.

Continued on back

Topic: Sexual Decision Making (7th Grade)

- Identify possible short and long term consequences of sexual activity, including what it means to be responsible for the results of one’s decisions.
- Use a decision-making model to choose abstinence or effective contraceptives, and other safer sex practices.
- Use a decision-making model to avoid sexual activity that may put you and your partner at risk.

Topic: Birth Control/Sexual Protection (8th Grade)

- Explain why abstinence is the safest, most effective method of protection from HPV, STDs/HIV, Hepatitis B and C and pregnancy.
- Identify methods of protection including abstinence, disease reduction measures, and contraception, from STD/HIV, Hepatitis B and C and pregnancy. Including: Demonstrate the steps of using a condom and demonstrate the use of effective communication and negotiation skills about the use of contraception, including abstinence, condoms, and other safer sex practices.

Topic: Sexually Transmitted Infections (8th Grade)

- Identify methods of protection including abstinence, disease reduction measures, and contraception, from STD/HIV, Hepatitis B and C and pregnancy.
- Define STDs, HIV, and Hepatitis B and C, and how they are not transmitted.
- Identify medically accurate information about STDs, HIV, and Hepatitis B/C.
- Identify possible short and long term consequences of sexual activity, including what it means to be responsible for the result of one’s decisions.

If you would prefer that your child not participate, please contact your child’s science teacher and an alternative placement will be arranged for your child. If you have any questions, please ask.

Student Name: _____

_____ No, I would not like my child to participate

_____ Yes, I would like my child to participate

Parent Signature: _____

Date: _____