



# Fern Ridge Middle School

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Olivia Johnson, Principal  
Gary Carpenter, Superintendent  
Fern Ridge School District

10-14-24

## Fern Ridge Middle School Families

This letter is to provide you with information about sexual abuse prevention instruction at Fern Ridge Middle School. ORS 336.059 requires schools in Oregon to provide developmentally appropriate and evidence-based instruction for each grade level. It requires schools to provide four instructional sessions per school year that focus on teaching students to recognize sexual abuse, how to reduce their vulnerability to sexual abuse, and how to escape/report a sexual abuse situation.

To fulfill this important requirement, FRMS adopted “Personal Power” the middle school curriculum from Safer, Smarter Teens developed by an organization called Lauren’s Kids. Here is their link: <https://saferSMARTerteens.org/> The four lessons taught will cover Self-Esteem and Personal Power; Fitting in And Acceptance; Grooming and Boundaries; and Abuse, Disclosure, and Getting Help. Detailed informational sheets on these lessons are attached to this letter. The full curriculum is available in the office if you would like to review it.

We will be teaching this curriculum in your child’s School Success class on the following dates, October 25<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup>, and 30<sup>th</sup>.

We believe that this is critical information for all of our students to know in order to ensure their safety and well-being. However, if you do not want your child to take part in these lessons please let the teacher know in writing. And an alternative academic assignment will be provided.

If you have any questions or concerns, please reach out to Ms. Johnson or Mr. Carman at 541-935-8230.

Sincerely,

Olivia Johnson  
FRMS Principal  
541-935-8230