

Options EHS Nursing Assistant A 2020	Scope and Sequence
Unit Lesson Nurse Assisting	Objectives
Unit Introduction	
Healthcare Industry	
	Discuss aspects of the healthcare industry.
	Identify various settings of healthcare services.
	Explain the purpose of healthcare agencies.
	Analyze the difference between residents, patients, and clients.
Roles in Health Care	
	Define the roles of healthcare team members.
	Identify settings where nursing assistants work.
	Identify the role of the nursing assistant within the organization of nursing services.
	Differentiate the role of assistant and advocate.
Regulations	
	Define nursing assistant as used in your state.
	Discuss the content of OBRA and its application to the role of nursing assistant.
	Summarize the training requirements to become a nursing assistant and to become certified as a nursing assistant.
	Explain the significance of achieving and maintaining active status on the Nursing Assistant Registry.
Beginning Terminology	
	Identify root words, prefixes, and suffixes commonly used in healthcare settings.
	Recall common medical abbreviations.
	Identify terms, symbols, and abbreviations used in the medical record.

**Unit Lesson****Objectives**

## Scope of Job

Describe the scope of the nursing assistant job.

Discuss the role of the nursing assistant in providing daily care and comfort.

Analyze how the nursing assistant works as a member of a healthcare team.

## Care Plans

Identify the purpose of the care plan in health care.

Discuss the role of the nursing assistant in following the plan of care and promoting independence.

Explain the philosophy of restorative care.

Identify factors to consider when providing care to others.

## Professional Characteristics

List qualities of an effective nursing assistant.

Discuss professional characteristics expected in the healthcare setting.

Explain how to project a positive image as a nursing assistant.

## Inner Well-Being

Explain ways for nursing assistants to maintain physical and emotional well-being.

Discuss the importance of maintaining inner well-being when working in a healthcare setting.

Demonstrate body mechanics to protect one's self.

## Lifelong Learning

Recognize the importance of career choices and lifelong learning in the healthcare setting.

Differentiate formal and informal learning.

Recall how to set personal and professional goals.

**Unit Lesson****Objectives**

Identify individual personal strengths and weaknesses.

Unit Summary

Unit Test

**Legal and Ethical Aspects**

Unit Introduction

Regulatory Agencies and Standards

Discuss major laws and regulations affecting nursing.

Discuss the impact of governmental agencies and federal laws, such as OBRA, HIPAA, and others.

Discuss the difference between an accident and an incident.

Identify the implications of patient complaints.

Ethics Concepts

Discuss ethical issues and responsibilities specific to the nurse assisting role.

Describe the patient's bill of rights, code of ethics, and organizational ethics.

Discuss the ethical principles related to health care.

Legal Concepts

Outline legal standards for healthcare providers.

Identify behaviors and practices that could result in liability, negligence, or malpractice.

Use problem-solving processes when dealing with legal issues.

Health Insurance Portability and Accountability Act (HIPAA)

Define confidentiality and privileged communications in healthcare settings.

Explain how the Health Insurance Portability and Accountability Act (HIPAA) helps protect patient confidentiality.

**Unit Lesson****Objectives**

Identify when it is appropriate and inappropriate to share healthcare information.

Discuss the patient's rights to privacy and confidentiality.

## Patients' Rights

Identify ways to protect and promote patients' rights.

Describe how nursing assistants can protect a patient's right to privacy and confidentiality.

Identify strategies to provide privacy and confidentiality.

Describe how patient independence can be promoted.

## Abuse and Neglect

Differentiate abuse and neglect.

Identify signs of abuse or neglect in a patient.

Recall the responsibility and mechanisms for reporting abuse or neglect.

Explain how to provide care while maintaining the client's right to freedom from abuse, mistreatment, and neglect.

## Unit Summary

## Unit Test

**Physiologic Aspects**

## Unit Introduction

## Human Needs

Identify basic human needs.

Discuss Maslow's hierarchy of needs.

Describe physical, social, and emotional changes that occur with aging.

Discuss myths of aging.

## Cells to Organs

**Unit Lesson****Objectives**

Discuss and describe the human body including organization, chemical processes, and the linkage from cells to systems.

Define the functions of glands, hormones, and metabolism.

Define health, illness, and disease.

## Body Systems I

Explain the structures and functions of the integumentary, immune, and sensory systems.

Identify common conditions, diseases, and care of the integumentary, immune, and sensory systems.

## Body Systems II

Explain the structures and functions of the respiratory, cardiovascular, and lymphatic systems.

Identify common conditions, diseases, and care of the respiratory, cardiovascular, and lymphatic systems.

## Body Systems III

Explain the structures and functions of the urinary and digestive systems.

Identify common conditions, diseases, and care of the urinary and digestive systems.

## Body Systems IV

Explain the structures and functions of the endocrine and reproductive systems.

Identify common conditions, diseases, and care of the endocrine and reproductive systems.

## Body Systems V

Explain the structures and functions of the musculoskeletal and nervous systems.

Identify common conditions, diseases, and care of the musculoskeletal and nervous systems.

## Restorative Care

Identify the principles of restorative nursing care.

Describe activities consistent with restorative and rehabilitative care programs.

**Unit Lesson****Objectives**

Describe the role of a restorative nursing assistant (RNA) as part of a restorative care team.

## Dementia

Define the types of dementia.

Discuss the characteristics and stages of Alzheimer's disease.

Discuss the needs of individuals with dementia.

Discuss techniques to address the needs of individuals with dementia or other cognitive impairments.

## Grief

Define grief, loss, and mortality.

Describe the stages of grief and mourning.

Identify appropriate behaviors to support persons and their reactions to grief.

## Death and Dying

Discuss principles of caring for dying patients and their families.

Describe signs of impending death.

Explain how to care for dying patients.

Describe the steps in postmortem care.

## Unit Summary

## Unit Test

**Cumulative Exam**

## Cumulative Exam Review

## Cumulative Exam