

Options EHS Nursing Assistant A		Scope and Sequence
Unit	Lesson	Objectives
<b>Nurse Assisting</b>		
	Unit Introduction	
	Healthcare Industry	<p>Discuss aspects of the healthcare industry.</p> <p>Identify various settings of healthcare services.</p> <p>Explain the purpose of healthcare agencies.</p> <p>Analyze the difference between residents, patients, and clients.</p>
	Roles in Health Care	<p>Define the roles of healthcare team members.</p> <p>Identify settings where nursing assistants work.</p> <p>Identify the role of the nursing assistant within the organization of nursing services.</p> <p>Differentiate the role of assistant and advocate.</p>
	Regulations	<p>Define nursing assistant as used in your state.</p> <p>Discuss the content of OBRA and its application to the role of nursing assistant.</p> <p>Summarize the training requirements to become a nursing assistant and to become certified as a nursing assistant.</p> <p>Explain the significance of achieving and maintaining active status on the Nursing Assistant Registry.</p>
	Beginning Terminology	<p>Identify root words, prefixes, and suffixes commonly used in healthcare settings.</p> <p>Recall common medical abbreviations.</p> <p>Identify terms, symbols, and abbreviations used in the medical record.</p>

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	Scope of Job	<p>Describe the scope of the nursing assistant job.</p> <p>Discuss the role of the nursing assistant in providing daily care and comfort.</p> <p>Analyze how the nursing assistant works as a member of a healthcare team.</p>
	Care Plans	<p>Identify the purpose of the care plan in health care.</p> <p>Discuss the role of the nursing assistant in following the plan of care and promoting independence.</p> <p>Explain the philosophy of restorative care.</p> <p>Identify factors to consider when providing care to others.</p>
	Professional Characteristics	<p>List qualities of an effective nursing assistant.</p> <p>Discuss professional characteristics expected in the healthcare setting.</p> <p>Explain how to project a positive image as a nursing assistant.</p>
	Inner Well-Being	<p>Explain ways for nursing assistants to maintain physical and emotional well-being.</p> <p>Discuss the importance of maintaining inner well-being when working in a healthcare setting.</p> <p>Demonstrate body mechanics to protect one's self.</p>
	Lifelong Learning	<p>Recognize the importance of career choices and lifelong learning in the healthcare setting.</p> <p>Differentiate formal and informal learning.</p> <p>Recall how to set personal and professional goals.</p>

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		Identify individual personal strengths and weaknesses.
	Unit Summary	
	Unit Test	
<b>Legal and Ethical Aspects</b>		
	Unit Introduction	
	Regulatory Agencies and Standards	
		Discuss major laws and regulations affecting nursing.
		Discuss the impact of governmental agencies and federal laws, such as OBRA, HIPAA, and others.
		Discuss the difference between an accident and an incident.
		Identify the implications of patient complaints.
	Ethics Concepts	
		Discuss ethical issues and responsibilities specific to the nurse assisting role.
		Describe the patient's bill of rights, code of ethics, and organizational ethics.
		Discuss the ethical principles related to health care.
	Legal Concepts	
		Outline legal standards for healthcare providers.
		Identify behaviors and practices that could result in liability, negligence, or malpractice.
		Use problem-solving processes when dealing with legal issues.
	Health Insurance Portability and Accountability Act (HIPAA)	
		Define confidentiality and privileged communications in healthcare settings.
		Explain how the Health Insurance Portability and Accountability Act (HIPAA) helps protect patient confidentiality.

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		Identify when it is appropriate and inappropriate to share healthcare information.
		Discuss the patient's rights to privacy and confidentiality.
	Patients' Rights	Identify ways to protect and promote patients' rights.
		Describe how nursing assistants can protect a patient's right to privacy and confidentiality.
		Identify strategies to provide privacy and confidentiality.
		Describe how patient independence can be promoted.
	Abuse and Neglect	Differentiate abuse and neglect.
		Identify signs of abuse or neglect in a patient.
		Recall the responsibility and mechanisms for reporting abuse or neglect.
		Explain how to provide care while maintaining the client's right to freedom from abuse, mistreatment, and neglect.
	Unit Summary	
	Unit Test	
<b>Physiologic Aspects</b>		
	Unit Introduction	
	Human Needs	Identify basic human needs.
		Discuss Maslow's hierarchy of needs.
		Describe physical, social, and emotional changes that occur with aging.
		Discuss myths of aging.
	Cells to Organs	

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Discuss and describe the human body including organization, chemical processes, and the linkage from cells to systems.

Define the functions of glands, hormones, and metabolism.

Define health, illness, and disease.

## Body Systems I

Explain the structures and functions of the integumentary, immune, and sensory systems.

Identify common conditions, diseases, and care of the integumentary, immune, and sensory systems.

## Body Systems II

Explain the structures and functions of the respiratory, cardiovascular, and lymphatic systems.

Identify common conditions, diseases, and care of the respiratory, cardiovascular, and lymphatic systems.

## Body Systems III

Explain the structures and functions of the urinary and digestive systems.

Identify common conditions, diseases, and care of the urinary and digestive systems.

## Body Systems IV

Explain the structures and functions of the endocrine and reproductive systems.

Identify common conditions, diseases, and care of the endocrine and reproductive systems.

## Body Systems V

Explain the structures and functions of the musculoskeletal and nervous systems.

Identify common conditions, diseases, and care of the musculoskeletal and nervous systems.

## Restorative Care

Identify the principles of restorative nursing care.

Describe activities consistent with restorative and rehabilitative care programs.

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	Dementia	Describe the role of a restorative nursing assistant (RNA) as part of a restorative care team.
		Define the types of dementia.
		Discuss the characteristics and stages of Alzheimer's disease.
		Discuss the needs of individuals with dementia.
		Discuss techniques to address the needs of individuals with dementia or other cognitive impairments.
	Grief	
		Define grief, loss, and mortality.
		Describe the stages of grief and mourning.
		Identify appropriate behaviors to support persons and their reactions to grief.
	Death and Dying	
		Discuss principles of caring for dying patients and their families.
		Describe signs of impending death.
		Explain how to care for dying patients.
		Describe the steps in postmortem care.
	Unit Summary	
	Unit Test	
<b>Psychosocial Aspects</b>		
	Unit Introduction	
	Culturally Sensitive Care	
		Explain how cultural attitudes influence psychological responses.
		Discuss cultural considerations in caregiving.

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Identify ways to provide culturally sensitive care.

## Psychological Responses

Distinguish between the types of psychosocial needs.

Identify changes in patient psychosocial behaviors.

Identify activities to promote positive mental health and psychosocial well-being.

Discuss the role of diversional activities in the healthcare setting.

## Sources of Stress

Identify sources of stress common to patients and residents.

Describe the effects of stress on the mind and body.

## Self-Worth

Define self-worth.

Identify factors that affect self-worth.

Describe the normal response to loss.

Identify considerations in caregiving to promote dignity and self-worth.

## Sexuality

Discuss the normal expression of sexuality.

Identify barriers to the discussion of sexuality in healthcare settings.

Identify actions to promote the expression of sexuality needs by residents.

## Special Situations I

Identify the special needs of patients with mental health conditions.

Discuss how to respond to patients with mental health conditions.

Describe ways to provide care to angry, depressed, or unresponsive patients.

**Unit Lesson****Objectives**

Explain the ways to modify behavior in response to the patient's behavior.

Special Situations II

Identify special needs that patients may have.

Discuss how to respond to patients with special needs.

Unit Summary

Unit Test

**Cumulative Exam**

Cumulative Exam Review

Cumulative Exam