

Family Resource Center

Winter Break is December 20 through January 2.



Families interested in enrichment activities during break please contact the Family Resource Center (FRC). Share ideas on the FRC facebook page: Fern Ridge Family Resource Center @FRSDFRC. Libraries are a great resource for families. Did you know your Fern Ridge Library card works at many other libraries in Lane County? Taking field trips to other libraries allows an opportunity for comparing what is similar and different to our local library, while also exploring a new fantastic place for kids and families! You can check out not only books, but movies, audiobooks for car trips, educational kits and much more! Check out what Libraries can offer you and your family this holiday season.

Fern Ridge Library 541-935-7512

FERN RIDGE F R C is open to all families

Join a playgroup or parent group, enjoy story-time, STEM, art, music, movement, and more.

FRC resource table, stop by for a free raffle ticket at:

MARCH FOR HOPE DEC 9 Saturday Starts at 11am Veneta City Hall

Veneta Elementary School **HOLIDAY LUNCH Dec 15** Friday

S.A.N.T.A. project Veneta Elementary School **Dec 16** Saturday 9am-1pm (event -4pm)

December Drop in

If the FRC reader board is out, then we're open!
Call/ email and schedule also available:

Always free cocoa, cookies, coffee, tea and crafts!

FRMS RM110 8:30am-11:30am Dec 13, 14, 18, 19
541-942-7049 frc@fernridge.k12.or.us FFER



Resources (In **EMERGENCY** situations dial **911**):

2-1-1 call 211 * visit 211info.org or text "children" to 898211 Parent/Childcare support line

Midlane Cares 541-935-4555 * 25035 E Broadway Ave, Veneta, OR 97487

Food for Lane County 541-343-2822

Poison Control Center 1-800-222-1222

Sheriff 541-682-4150 dispatch 541-682-4141

541-485-6340

ParentingNow! 541-484-5316 parentingnow.org *Resource list

Oregon Youth Line 1-877-968-8491 text "teen2teen" to 839863

Child Center Mental Health Crisis 1-888-989-9990

Crisis Response: adult 541-687-4000 children 541-689-3111

Lauren Hill Center Mental Health Recovery

Play Time Activity

What is in the sock?

Goal: AWARENESS

identification of objects and surroundings

TOUCH * SURROUNDINGS * WORDS

Supplies: a sock
or substitute (hat, glove, stocking, bag, box)
objects
random (ex. coins, pebbles, bottle caps, poofs)
themed (ex. all blue or all begin with "E")

Set up: place a few items in the sock secretly (without child seeing)

Directions: Let the child find an item and take it out.

Not talking: describe the object or ask yes/no questions

Building vocabulary: let the child name the object

More vocab: describe object size, color, shape, etc.

Modify: take the object out and hand to child one at a time

Multi-child variations: one child finds one to three objects to hide in the sock and one child is a guesser; take turns stuffing the sock and guessing or identifying objects.