



HERBS & SPICES



SIMPLY GOOD

Veneta Elementary Menu

February 2018

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spaghetti w/Meat Sauce & Roll or Sun Butter & Grape Jelly Sandwich Savory Green Beans Dark Green Salad Chilled Peaches Milk	2 Pepperoni Pizza or Cheeseburger Potato Wedges Baby Carrots Chilled Pears Fresh Apples Milk
5 Chili Fritos w/Cheese Pretzel w/ Sun Butter & String Cheese Potato Wedges Baby Carrots Chilled Pears Milk	6 Turkey Corn Dog or Ham & Cheese Sandwich Steamed Golden Corn Dark Green Salad Chilled Peaches Milk	7 Chicken Fajita or Turkey & Cheese Sandwich Baked Beans Baby Carrots Chilled Pears Orange Wedges Milk	8 Sausage & Waffles or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Peaches Milk	9 Cheese Pizza or Cheeseburger Seasoned Broccoli Baby Carrots Chilled Pears Fresh Apples Milk
12 BBQ Pork Rib on Bun Pretzel w/ Sun Butter & String Cheese Baked Beans Baby Carrots Chilled Pears Milk	13 Beef Soft Taco or Ham & Cheese Sandwich Savory Green Beans Dark Green Salad Chilled Peaches Milk	14 Salisbury Steak w/Roll or Chicken Caesar Salad w/Roll Whipped Potatoes Baby Carrots Chilled Pears Milk	15 Turkey Noodle Soup w/Roll or Sun Butter & Grape Jelly Sandwich Steamed Peas Dark Green Salad Chilled Peaches Milk	16 Pepperoni Pizza or Cheeseburger Steamed Broccoli Baby Carrots Chilled Pears Fresh Apples Milk
19 No School PRESIDENTS DAY	20 Crispy Chicken Sandwich or Ham & Cheese Sandwich Potato Wedges Dark Green Salad Chilled Peaches Milk	21 Crispy Fish Sticks w/Roll or Turkey & Cheese Sandwich Seasoned Broccoli Baby Carrots Chilled Pears Orange Wedges Milk	22 Beef Macho Nachos or Sun Butter & Grape Jelly Sandwich Refried Beans Dark Green Salad Chilled Peaches Milk	23 Cheese Pizza or Cheeseburger Baked Beans Baby Carrots Chilled Pears Fresh Apples Milk
26 Chicken Nuggets w/Roll Ham & Cheese Sandwich Seasoned Broccoli Baby Carrots Chilled Pears Milk	27 Burrito Supreme or Chicken Caesar Salad w/Roll Steamed Golden Corn Dark Green Salad Chilled Peaches Milk	28 Chicken Fajita or Turkey & Cheese Sandwich Savory Green Beans Baby Carrots Chilled Pears Orange Wedges Milk		
BREAKFAST				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Mini Bagel or Waffles	Assorted Cereal & Mini Bagel or Apple Frudel	Assorted Cereal & Mini Bagel or Breakfast Cookie	Assorted Cereal & Mini Bagel or Cinnamon Roll	Assorted Cereal & Mini Bagel or Breakfast Burrito
All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk				

Student breakfast \$1.20 paid, Reduced Free, Free* Student lunch \$2.65 paid, Reduced Free**, Free*(* if qualified) Milk: 50 c**

****The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2017-2018, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Free & Reduced Meal applications are available in all school offices. If you have any questions please call Renee Ota @ 541-935-8218 Ext. 2.

