






Garden Vegetables

Veneta Elementary Menu

April 2018

This institution is an equal opportunity provider .

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| 2 Chicken Nuggets w/Roll or Ham & Cheese Sandwich Seasoned Broccoli Baby Carrots Chilled Pears Milk | 3 Burrito Supreme or Chicken Caesar Salad w/Roll Seasoned Corn Dark Green Salad Chilled Peaches Milk | 4 Crispy Fish Sticks w/Roll or Turkey & Cheese Sandwich Vegetarian Baked Beans Baby Carrots Chilled Mixed Fruit Milk | 5 Spaghetti w/Meat Sauce & Roll or Sun Butter & Grape Jelly Sandwich Savory Green Beans Dark Green Salad Chilled Peaches Milk | 6 No School Teacher Workday |
| 9 Chili Fritos w/Cheese Pretzel w/ Sun Butter & String Cheese Potato Wedges Baby Carrots Chilled Pears Milk | 10 Turkey Corn Dog or Ham & Cheese Sandwich Steamed Golden Corn Dark Green Salad Chilled Peaches Milk | 11 Chicken Fajita or Turkey & Cheese Sandwich Vegetarian Baked Beans Baby Carrots Chilled Mixed Fruit Orange Wedges Milk | 12 Sausage & Waffles or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Peaches Milk | 13 Pepperoni Pizza or Cheeseburger Seasoned Broccoli Baby Carrots Chilled Pears Fresh Apples |
| 16 Roasted BBQ Chicken w/Roll Pretzel w/Sun Butter & String Cheese Vegetarian Baked Beans Baby Carrots Chilled Pears Milk | 17 Beef Soft Taco or Ham & Cheese Sandwich Savory Green Beans Dark Green Salad Chilled Peaches Milk | 18 Salisbury Steak w/Roll or Chicken Caesar Salad w/Roll Whipped Potatoes Baby Carrots Chilled Mixed Fruit Milk | 19 Crispy Chicken Sandwich or Sun Butter & Grape Jelly Sandwich Steamed Peas Dark Green Salad Chilled Peaches Milk | 20 No School Parent Teacher Conferences  |
| 23 Chicken Nuggets w/Roll Ham & Cheese Sandwich Savory Green Beans Baby Carrots Chilled Pears Milk | 24 BBQ Shredded Pork Sandwich or Sun Butter & Grape Jelly Sandwich Potato Wedges Dark Green Salad Chilled Peaches Milk | 25 Crispy Fish Sticks w/Roll or Turkey & Cheese Sandwich Seasoned Broccoli Baby Carrots Chilled Mixed Fruit Orange Wedges Milk | 26 Beef Macho Nachos or Chicken Caesar Salad w/Roll Refried Beans Dark Green Salad Chilled Peaches Milk | 27 Cheese Pizza or Cheeseburger Vegetarian Baked Beans Baby Carrots Chilled Pears Fresh Apples |
| 30 Italian Meatball Sub or Chicken Caesar Salad w/Roll Steamed Broccoli Baby Carrots Chilled Pears Milk | <p>You may qualify for free or reduced price meals. Applications are available at all schools . For questions regarding the food service program you can call the food service office at (541) 935-8218 Ext. 2</p> | | <p>The Simple Way to Pay FOR STUDENT MEALS Visit MySchoolBucks.com view account balances & meal purchases create low balance alerts schedule automatic payments</p> | <p>EARTH DAY APRIL 22 Enjoy your day biking or planting a tree or flower.  </p> |
| BREAKFAST | | | | |
| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| Assorted Cereal & Graham Crackers or Waffles | Assorted Cereal & Graham Crackers or Apple Frudel | Assorted Cereal & Graham Crackers or Breakfast Cookie | Assorted Cereal & Graham Crackers or Cinnamon Roll | Assorted Cereal & Graham Crackers or Blueberry Muffin |
| All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk | | | | |

Student breakfast \$1.20 paid, Reduced Free, Free* Student lunch \$2.65 paid, Reduced Free**, Free*(* if qualified)**

****The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2017-2018, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties. as well as beans and other additional choices.

