

# Elmira High School Lunch Menu December 2018

Breakfast, what a way to start your day!

Mon: Biscuits & Gravy Tues: Cinnamon Bun Wed: Biscuits & Gravy Thurs: Muffin Fri: Biscuits & Gravy  
All breakfast entrees includes: choice of fruit or juice and milk. Students: \$1.55 Reduced: No Charge Adults: \$2.45



**Cold Sandwiches Made Fresh Your Way**

Available Daily  
Whole Grain Sliced Bread, Hoagie Roll, Flat Bread, Cheesy Bread Turkey, Ham, Assorted Cheeses, Romaine Lettuce, Tomato, Onions, Green Peppers, and Cucumber slices (Includes vegetables choices, fruit & milk)

**Monday**  
Baby Carrots  
Chilled Fruit  
Fresh Fruit

**Tuesday**  
Dark Green Salad  
Chilled Fruit  
Fresh Fruit

**Wednesday**  
Baby Carrots  
Chilled Fruit  
Fresh Fruit

**Thursday**  
Dark Green Salad  
Chilled Fruit  
Fresh Fruit

**Friday**  
Baby Carrots  
Chilled Fruit  
Fresh Fruit

**Condiments & Salad Dressings**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>Chili Fritos w/Cheese</b> Oven Baked Potato Wedges Fruit & Veggies Milk	<b>Mashed Potatoes &amp; Chicken Bowl w/Roll</b> Golden Corn Fruit & Veggies Milk	<b>Chicken Fajita</b> Seasoned Black Beans Fruit & Veggies Milk	<b>Sausage &amp; Waffles</b> Tater Tots Fruit & Veggies Milk	<b>Chicken &amp; Cheese Quesadilla</b> Seasoned Broccoli Fruit & Veggies Milk
10	11	12	13	14
<b>Sloppy Joe on a Bun</b> Oven Baked Potato Wedges Fruit & Veggies Milk	<b>Beef Soft Taco</b> Golden Corn Fruit & Veggies Milk	<b>Salisbury Steak w/Roll</b> Whipped Potatoes Fruit & Veggies Milk	<b>Crispy Chicken Patty Sandwich</b> Seasoned Peas Fruit & Veggies Milk	<b>Sausage Flat Bread</b> Seasoned Broccoli Fruit & Veggies Milk
17	18	19	20	21
<b>Chicken Nuggets w/Roll</b> Green Beans Fruit & Veggies Milk	<b>BBQ Shredded Pork on a Bun</b> Pinto Beans Fruit & Veggies Milk	<b>Italian Meatball Sub</b> Oven Baked Potato Wedges Fruit & Veggies Milk	<i>Holiday Luncheon</i> <b>Turkey Gravy w/Roll</b> Whipped Potatoes Steamed Peas Cranberry Sauce Sweet Potato Cake Milk	<b>Chicken Parmesan w/Spaghetti</b> Seasoned Broccoli Fruit & Veggies Milk



Please be aware that in order to get an extra entrée or second meal you will need to have money or your account to pay for it. You will not be able to charge extra entrees or second meals.

**1% White Milk and Non-fat Chocolate Milk Choices Available Daily for Lunch \$.50**

Lunch Prices Paid: \$3.15 Adults: \$3.65

Pay online @ [www.myschoolbucks.com](http://www.myschoolbucks.com)

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All pizzas made with reduced fat cheese and whole grain crust.

Daily Choice: **Cheese Pizza**

**Daily Specials:**

Monday: **Pepperoni or Pepperoni & Jalapeno**  
Tuesday: **Supreme Pizza**  
Wednesday: **Pepperoni & Pepperoni & Jalapeno**  
Thursday: **Supreme Pizza**  
Friday: **Pepperoni & Pepperoni & Jalapeno**  
(Includes hot vegetable, fruit & veggies and milk)



All items served on whole grain buns/rolls, using lean beef and only oven baked.

**Regular & Spicy Chicken Burger available Daily**  
**Cheeseburger available Daily**  
**Corn Dog available Tues-Thur**

(Includes hot vegetable, fruit & veggies and milk)



Fresh Salads Fast- Packaged for Grab N' Go

**Daily Specials:**

Mondays: **Ham & Cheddar Chef Salad w/Roll**  
Tuesdays: **Taco Salad w/ Salsa w/Chips**  
Wednesdays: **Mandarin Chicken Salad w/Roll**  
Thursdays: **Ham & Cheddar Chef Salad w/Roll**  
Fridays: **Chicken Caesar Salad w/Roll**

(Includes hot vegetable, fruit & veggies and milk)

**On the Go**  
**Strawberry Parfait w/Granola**

You may qualify for free or reduced price meals. Applications are available at all schools. For questions regarding the food service program you can call the food service office at (541) 935-8218 Ext. 2

**Menu Subject To Change**