



# Veneta Elementary Menu

January 2019

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change				
Pay online @ <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>				
7	8	9	10	11
<b>NO SCHOOL WORK DAY</b>	BBQ Pork Rib on Bun or Ham & Cheese Sandwich Pinto Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Soft Beef Taco or Turkey & Cheese Sandwich Seasoned Corn Baby Carrots Chilled Fruit Fresh Fruit Milk	Spaghetti w/Meat Sauce & Roll or Sun Butter & Grape Jelly Sandwich Savory Green Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Pepperoni Pizza or Cheeseburger Seasoned Broccoli Florets Baby Carrots Chilled Fruit Fresh Fruit Milk
14	15	16	17	18
Riblet Sandwich or Sun Butter & Grape Jelly Sandwich Oven Baked Potato Wedges Baby Carrots Chilled Fruit Fresh Fruit Milk	Turkey Corn Dog or Ham & Cheese Sandwich Seasoned Corn Dark Green Salad Chilled Fruit Fresh Fruit Milk	Chicken Fajita or Turkey & Cheese Sandwich Pinto Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	Crispy Chicken Sandwich or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Fresh Fruit Milk	Cheese Pizza or Cheeseburger Seasoned Broccoli Florets Baby Carrots Chilled Fruit Fresh Fruit Milk
21	22	23	24	25
No School 	Soft Beef Taco or Ham & Cheese Sandwich Seasoned Corn Dark Green Salad Chilled Fruit Fresh Fruit Milk	Savory Salisbury Steak w/Roll or Chicken Caesar Salad w/Roll Mashed Potatoes Baby Carrots Chilled Fruit Fresh Fruit Milk	Waffle w/ Sausage Sun Butter & Grape Jelly Tater Tots Dark Green Salad Chilled Fruit Fresh Fruit Milk	<b>NO SCHOOL</b> Teacher Work Day
28	29	30	31	
Chicken Nuggets w/Roll or Ham & Cheese Sandwich Savory Green Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	BBQ Shredded Pork on Bun or Chicken Caesar Salad w/Roll Pinto Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Italian Meatball Sub or Turkey & Cheese Sandwich Oven Baked Potato Wedges Baby Carrots Chilled Fruit Fresh Fruit Milk	Beef Macho Nachos or Sun Butter & Grape Jelly Sandwich Mexican Style Refried Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	
<b>BREAKFAST</b>				
<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>
Assorted Cereal & Graham Crackers or Waffles	Assorted Cereal & Graham Crackers or Apple Frudel	Assorted Cereal & Graham Crackers or Breakfast Cookie	Assorted Cereal & Graham Crackers or Cinnamon Roll	Assorted Cereal & Graham Crackers or Muffin
All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk				

**Student breakfast \$1.20 paid, Reduced Free\*\*, Free\* Student lunch \$2.75 paid, Reduced Free\*\*, Free\* (\* if qualified)**  
**\*\*The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2018-2019, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.  
 Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

*Please be aware that in order to get an extra entrée or second meal you will need to have money on your account or have cash to pay for it at the time of purchase. You will not be able to charge extra entrees or second meals.*



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