



HERBS & SPICES



SIMPLY GOOD

Elmira Elementary Menu

February 2019

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
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Sloppy Joe on a Bun or Ham & Cheese Sandwich Seasoned Corn Baby Carrots Chilled Fruit Fresh Fruit Milk	BBQ Rib Sandwich or Sun Butter & Grape Jelly Sandwich Pinto Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Soft Beef Taco or Turkey & Cheese Sandwich Seasoned Corn Baby Carrots Chilled Fruit Fresh Fruit Milk	Italian Meat Spaghetti w/Roll or Sun Butter & Grape Jelly Sandwich Savory Green Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Cheese Pizza or Cheeseburger Seasoned Broccoli Florets Baby Carrots Chilled Fruit Fresh Fruit Milk
Chicken Pasta Alfredo w/Roll or Tuna Sandwich Savory Green Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	Beef Soft Taco or Ham & Cheese Sandwich Seasoned Corn Dark Green Salad Chilled Fruit Fresh Fruit Milk	Salisbury Steak w/Roll or Chicken Caesar Salad w/Roll Mashed Potatoes Baby Carrots Chilled Fruit Fresh Fruit Milk	Waffle & Sausage Patties or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Fresh Fruit Milk	Pepperoni Pizza or Cheeseburger Seasoned Broccoli Florets Baby Carrots Chilled Fruit Fresh Fruit Milk
No School 	BBQ Shredded Pork on Bun Ham & Cheese Sandwich Pinto Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Italian Meatball Sub or Turkey & Cheese Sandwich Oven Baked Potato Wedges Baby Carrots Chilled Fruit Fresh Fruit Milk	Beef Macho Nachos or Sun Butter & Grape Jelly Sandwich Refried Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	Cheese Pizza or Cheeseburger Seasoned Broccoli Florets Baby Carrots Chilled Fruit Fresh Fruit Milk
BBQ Rib Sandwich or Sun Butter & Grape Jelly Sandwich Oven Baked Potato Wedges Baby Carrots Chilled Fruit Fresh Fruit Milk	Turkey Corn Dog or Ham & Cheese Sandwich Steamed Golden Corn Dark Green Salad Chilled Fruit Fresh Fruit Milk	Chicken Fajita or Turkey & Cheese Sandwich Pinto Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	Crispy Chicken Patty Sandwich or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Fresh Fruit Milk	

BREAKFAST

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Graham Crackers or Waffles	Assorted Cereal & Graham Crackers or Apple Frudel	Assorted Cereal & Graham Crackers or Breakfast Cookie	Assorted Cereal & Graham Crackers or Cinnamon Roll	Assorted Cereal & Graham Crackers or Muffin

All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk

Student breakfast \$1.20 paid, Reduced Free**, Free* Student lunch \$2.75 paid, Reduced Free**, Free*(* if qualified) Milk: 50c

**The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2018-2019, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Free & Reduced Meal applications are available in all school offices. If you have any questions please call Renee Ota @ 541-935-8218 Ext. 2.

