



**SIMPLY  
GOOD**

## Veneta Elementary Menu

April 2019

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sloppy Joe or Ham & Cheese Sandwich Seasoned Peas Baby Carrots Chilled Fruit Milk	2 Beef Soft Taco or Chicken Salad On a Bun Pinto Beans Dark Green Salad Chilled Fruit Milk	3 Turkey Corn Dog or Turkey & Cheese Sandwich Seasoned Corn Baby Carrots Chilled Fruit Milk	4 Salisbury Steak w/Roll or Sun Butter & Grape Jelly Sandwich Mashed Potatoes Dark Green Salad Chilled Fruit Milk	5 <b>NO SCHOOL TEACHER WORKDAY</b>
8 BBQ Rib Sandwich or Ham & Cheese Sandwich Potato Wedges Baby Carrots Chilled Fruit Milk	9 Crispy Fish Sticks w/Roll or Chicken Salad On a Bun Pinto Beans Dark Green Salad Chilled Fruit Milk	10 Teriyaki Glazed Chicken w/Brown Rice & Roll or Turkey and Cheese Sandwich Seasoned Broccoli Florets Baby Carrots Chilled Fruit Milk	11 Waffle & Sausages or Sun Butter and Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Milk	12 Pepperoni Pizza or Cheeseburger Seasoned Peas Baby Carrots Chilled Fruit Milk
15 Chicken Pasta Alfredo w/Roll or Ham & Cheese Sandwich Seasoned Peas Baby Carrots Chilled Fruit Milk	16 Chicken Soft Taco or Chicken Salad On a Bun Pinto Beans Dark Green Salad Chilled Fruit Milk	17 Cheesy Chicken & Rice Casserole w/Roll or Turkey and Cheese Sandwich Seasoned Broccoli Florets Baby Carrots Chilled Fruit Milk	18 Crispy Chicken Sandwich or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Milk	19 <b>NO SCHOOL PARENT-TEACHER CONFERENCES</b>
22 Chicken Nuggets w/Roll or Ham & Cheese Sandwich Seasoned Peas Baby Carrots Chilled Fruit Milk	23 Beef Nachos or Chicken Salad On a Bun Mexican Style Refried Beans Dark Green Salad Chilled Fruit Milk	24 Italian Meatball Sub or Turkey & Cheese Sandwich Tater Tots Baby Carrots Chilled Fruit Milk	25 BBQ Shredded Pork on Bun* or Sun Butter & Grape Jelly Sandwich Pinto Beans Dark Green Salad Chilled Fruit Milk	26 Cheese Pizza or Cheeseburger Seasoned Broccoli Baby Carrots Chilled Fruit Milk
29 Sloppy Joe or Ham & Cheese Sandwich Seasoned Peas Baby Carrots Chilled Fruit Milk	30 Beef Soft Taco or Chicken Salad On a Bun Pinto Beans Dark Green Salad Chilled Fruit Milk		*changed after the menus were passed out at school	<b>MENU SUBJECT TO CHANGE</b>

### BREAKFAST

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Graham Crackers or Waffles	Assorted Cereal & Graham Crackers or Apple Frudel	Assorted Cereal & Graham Crackers or Breakfast Cookie	Assorted Cereal & Graham Crackers or Cinnamon Roll	Assorted Cereal & Graham Crackers or Muffin

All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk

**Student breakfast \$1.20 paid, Reduced Free\*\*, Free\* Student lunch \$2.75 paid, Reduced Free\*\*, Free\*\*(\* if qualified)**

**\*\*The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2018-2019, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

**EASILY PAY FOR SCHOOL MEALS @myschoolbucks.com**



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