




WELCOME BACK TO SCHOOL



Elmira Elementary Menu

September 2019

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Crispy Chicken Sandwich or Turkey & Cheese Sandwich Baked Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	4 Beef Soft Taco or Deli Sandwich Seasoned Corn Baby Carrots Chilled Fruit Fresh Fruit Milk	5 Lasagna Beef Rotini w/Roll or Sunbutter & Grape Jelly Sandwich Savory Green Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	6 Pepperoni Pizza or Cheeseburger Steamed Broccoli Baby Carrots Chilled Fruit Fresh Fruit Milk
9 Chicken Nuggets w/Roll Ham & Cheese Sandwich Baked Beans Baby Carrots Chilled Fruit Milk	10 Turkey Corn Dog or Turkey & Cheese Sandwich Steamed Golden Corn Dark Green Salad Chilled Fruit Milk	11 Chicken Fajita or Deli Sandwich Savory Green Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	12 Sausage & Waffle or Sunbutter & Grape Jelly Sandwich Tater Tots Dark Green Salad Chilled Fruit Fresh Fruit Milk	13 Cheese Pizza or Cheeseburger Steamed Broccoli Baby Carrots Chilled Fruit Fresh Fruit Milk
16 Chili Fritos w/Cheese or Ham & Cheese Sandwich Savory Green Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	17 Beef Soft Taco or Turkey & Cheese Sandwich Golden Corn Dark Green Salad Chilled Fruit Fresh Fruit Milk	18 Salisbury Steak w/Roll or Deli Sandwich Whipped Potatoes Baby Carrots Chilled Fruit Fresh Fruit Milk	19 Crispy Chicken Sandwich or Sunbutter & Grape Jelly Sandwich Baked Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	20 Pepperoni Pizza or Cheeseburger Steamed Broccoli Baby Carrots Chilled Fruit Fresh Fruit Milk
23 Chicken Nuggets w/Roll Ham & Cheese Sandwich Savory Green Beans Baby Carrots Chilled Fruit Fresh Fruit Milk	24 Beef Macho Nachos or Turkey & Cheese Sandwich Mexican Refried Beans Dark Green Salad Chilled Fruit Fresh Fruit Milk	25 Italian Meatball Sub Deli Sandwich Oven Fries Baby Carrots Chilled Fruit Fresh Fruit Milk	26 Sloppy Joe on Bun Sunbutter & Grape Jelly Steamed Peas Dark Green Salad Chilled Fruit Fresh Fruit Milk	27 Cheese Pizza or Cheeseburger Steamed Broccoli Baby Carrots Chilled Fruit Fresh Fruit Milk
30 Chicken Pasta Alfredo w/Roll or Ham & Cheese Sandwich Steamed Peas Baby Carrots Chilled Fruit Fresh Fruit Milk				
BREAKFAST				
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Graham Crackers or Waffles	Assorted Cereal & Graham Crackers or Apple Frudel	Assorted Cereal & Graham Crackers or Breakfast Cookie	Assorted Cereal & Graham Crackers or Cinnamon Roll	Assorted Cereal & Graham Crackers or Blueberry Muffin
All breakfast entrées include choice of fruit or juice, and 1% white milk or non-fat chocolate milk				

Student breakfast \$1.20 paid, Reduced Free**, Free* Student lunch \$2.85 paid, Reduced Free**, Free*(* if qualified)

****The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2019-2020, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties. as well as beans and other additional choices.

EASILY PAY FOR SCHOOL MEALS @myschoolbucks.com

