

HAPPY NEW YEAR



Veneta Elementary Menu



January 2020

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>You may qualify for free or reduced price meals. Applications are available at all schools. For questions regarding the food service program you can call the food service office at (541) 935-8218 Ext. 2</p> <p>Pay online at www.myschoolbucks.com</p>	
6 NO SCHOOL	7 Ground Beef Taco or Turkey & Cheese Sandwich Refried Beans Dark Green Salad Chilled Fruit Milk	8 Chicken Caesar Salad or Deli Sandwich Seasoned Corn Baby Carrots Chilled Fruit Milk	9 Whole Grain Pollock Fish Sticks or Sun Butter & Grape Jelly Sandwich Seasoned Broccoli Dark Green Salad Chilled Fruit Milk	10 Cheese Pizza or Cheeseburger Black Beans Baby Carrots Chilled Fruit Milk
13 Classic Spaghetti or Ham & Cheese Sandwich Seasoned Peas Baby Carrots Chilled Fruit Milk	14 Chicken Taco or Turkey & Cheese Sandwich Seasoned Pinto Beans Dark Green Salad Chilled Fruit Milk	15 Beef Philly or Tuna Sandwich Seasoned Corn Baby Carrots Chilled Fruit Milk	16 Whole Grain Turkey Corn Dog or Sun Butter & Grape Jelly Sandwich Seasoned Broccoli Dark Green Salad Chilled Fruit Milk	17 Pepperoni Pizza or Cheeseburger Savory Green Beans Fresh Carrots Chilled Fruit Milk
20 NO SCHOOL	21 Carne Asada Taco or Turkey & Cheese Sandwich Seasoned Corn Dark Green Salad Chilled Fruit Milk	22 Slow Roasted BBQ Pulled Pork Sandwich or Deli Sandwich Baked Beans Baby Carrots Chilled Fruit Milk	23 Pancakes & Sausage or Sun Butter & Grape Jelly Sandwich Tater Tots Chilled Fruit Milk	24 NO SCHOOL TEACHER GRADING DAY
27 Swedish Meatballs w/Mashed Potatoes & Roll or Ham & Cheese Sandwich Seasoned Green Beans Fresh Carrots Chilled Fruit Milk	28 Shredded Pork Taco or Turkey & Cheese Sandwich Refried Beans Dark Green Salad Chilled Fruit Milk	29 Whole Grain Crispy Chicken Sandwich or Tuna Sandwich Steamed Seasoned Carrots Baby Carrots Chilled Fruit Milk	30 Burrito Supreme or Sun Butter & Grape Jelly Sandwich Crinkle Fries Chilled Fruit Milk	31 Pepperoni Pizza or Cheeseburger Seasoned Broccoli Fresh Carrots Chilled Fruit Milk
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Honey Graham Crackers or Blueberry Waffle	Assorted Cereal & Honey Graham Crackers or Turkey, Egg & Cheese Breakfast Sandwich	Assorted Cereal & Honey Graham Crackers or Oatmeal & Cinnamon Baked Bar	Assorted Cereal & Honey Graham Crackers or Ham, Egg & Cheese Breakfast Sandwich	Assorted Cereal & Honey Graham Crackers or Blueberry Muffin
All breakfast entrées include choice of fruit or juice, and 1% white milk or skim milk				

Student breakfast \$1.20 paid, Reduced Free, Free* Student lunch \$2.85 paid, Reduced Free**, Free*(* if qualified)
Adult Breakfast \$2.60 Lunch \$3.90 Milk \$.50**

****The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2019-2020, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Please be aware that in order to get an extra entrée or second meal you will need to have money on your account or have cash to pay for it at the time of purchase. You will not be able to charge extra entrees or second meals.

MENU SUBJECT TO CHANGE

