




Veneta Elementary Menu



February 2020

This institution is an equal opportunity provider .

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mac & Cheese or Ham & Cheese Sandwich Crispy Potatoes Baby Carrots Fresh Fruit Chilled Fruit Milk	4 Beef Soft Whole Grain Taco or Turkey & Cheese Sandwich Refried Beans Dark Green Salad Fresh Fruit Chilled Fruit Milk	5 Chicken Caesar Salad or Deli Sandwich Seasoned Corn Baby Carrots Fresh Fruit Chilled Fruit Milk	6 Whole Grain Pollock Fish Sticks or Sun Butter & Grape Jelly Sandwich Seasoned Broccoli Dark Green Salad Fresh Fruit Chilled Fruit Milk	7 Cheese Pizza or Cheeseburger Fresh Vegetables Baby Carrots Fresh Fruit Chilled Fruit Milk
10 Classic Spaghetti or Ham & Cheese Sandwich Roasted Cauliflower Baby Carrots Fresh Fruit Chilled Fruit Milk	11 Whole Grain Fish Taco or Turkey & Cheese Sandwich Seasoned Pinto Beans Dark Green Salad Fresh Fruit Chilled Fruit Milk	12 Grilled Cheese Sandwich & Tomato Soup or Deli Sandwich Seasoned Corn Baby Carrots Fresh Fruit Chilled Fruit Milk	13 Whole Grain Turkey Corn Dog or Sun Butter & Grape Jelly Sandwich Seasoned Broccoli Dark Green Salad Fresh Fruit Chilled Fruit Milk	14 Pepperoni Pizza or Cheeseburger Seasoned Carrots Baby Carrots Fresh Fruit Chilled Fruit Milk
17 NO SCHOOL 	18 Chicken Soft Taco or Turkey & Cheese Sandwich Seasoned Corn Dark Green Salad Fresh Fruit Chilled Fruit Milk	19 Slow Roasted BBQ Pulled Pork Sandwich or Deli Sandwich Baked Beans Baby Carrots Fresh Fruit Chilled Fruit Milk	20 Pancakes & Sausage or Sun Butter & Grape Jelly Sandwich Tater Tots Dark Green Salad Fresh Fruit Chilled Fruit Milk	21 Cheese Pizza or Cheeseburger Cajun Cauliflower Baby Carrots Fresh Fruit Chilled Fruit Milk
24 Swedish Meatballs w/Mashed Potatoes & Roll or Ham & Cheese Sandwich Seasoned Broccoli Baby Carrots Fresh Fruit Chilled Fruit Milk	25 Shredded Pork Taco or Turkey & Cheese Sandwich Refried Beans Dark Green Salad Fresh Fruit Chilled Fruit Milk	26 Whole Grain Crispy Chicken Sandwich or Tuna Sandwich Seasoned Carrots Baby Carrots Fresh Fruit Chilled Fruit Milk	27 Burrito Supreme or Sun Butter & Grape Jelly Sandwich Baked Crinkle Fries Dark Green Salad Fresh Fruit Chilled Fruit Milk	28 Pepperoni Pizza or Cheeseburger Vegetable Medley Baby Carrots Fresh Fruit Chilled Fruit Milk
		FREE AND REDUCED MEAL APPLICATIONS ARE AVAILABLE IN ALL SCHOOL OFFICES	MENU SUBJECT TO CHANGE	PAY FOR SCHOOL MEALS ONLINE @ myschoolbucks.com
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Assorted Cereal & Honey Graham Crackers or Blueberry Waffle	Assorted Cereal & Honey Graham Crackers or Turkey, Egg & Cheese Breakfast Sandwich	Assorted Cereal & Honey Graham Crackers or Oatmeal & Cinnamon Baked Bar	Assorted Cereal & Honey Graham Crackers or Turkey, Egg & Cheese Breakfast Sandwich	Assorted Cereal & Honey Graham Crackers or Blueberry Muffin

All breakfast entrées include choice of fruit or juice, and 1% white milk or skim milk

Student breakfast \$1.20 paid, Reduced Free**, Free* Student lunch \$2.85 paid, Reduced Free**, Free*(* if qualified)
 Adult Breakfast \$2.60 Lunch \$3.90 Milk \$.50

****The Oregon legislature provided funding to eliminate the reduced price payment for School Breakfast and Lunch. For the school year 2019-2020, breakfast and lunch will be accessible at no charge to students who qualify for reduced price meals**

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and Non Fat Chocolate.

We feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

