

COVID19 -Vaccination Information

There is so much information about the vaccine available on the internet. One thing that is really important is to make sure the sites you are looking at are verified. The best site I have found is the CDC. Below are the links to some sites and one of the Q & A fact sheets from the CDC. I know the information may be a little overwhelming so please ask me to decipher if needed.

Nurse Teresa

[Mayo Clinic- COVID - 19 vaccines: Get the Facts](#)

[Understanding mRNA COVID vaccines](#)

[Moderna Question Sheet](#)

[Pfizer Question Sheet](#)

From the CDC:Facts about COVID-19 Vaccine

For full information see the CDC fact sheet [CDC](#)

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Now that there are authorized and recommended COVID-19 vaccines in the United States, accurate vaccine information is critical.

- Can a COVID-19 vaccine make me sick with COVID-19?
No. None of the authorized and recommended [COVID-19 vaccines or COVID-19 vaccines currently in development in the United States](#) contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.
The vaccine teaches our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are a sign that the body is building protection against the virus that causes COVID-19. It typically takes a few weeks for the body to build immunity (protection against the virus that causes COVID-19) after vaccination. That means it's possible a person could be infected with the virus that causes COVID-19 just before or just after vaccination and still get sick. This is because the vaccine has not had enough time to provide protection.
- If I have already had COVID-19 and recovered, do I still need to get vaccinated with a COVID-19 vaccine?
Yes. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, a vaccine should be offered to you regardless of whether you already had COVID-19 infection. CDC is providing recommendations to federal, state, and local governments about [who should be vaccinated first](#).
- Will a COVID-19 vaccination protect me from getting sick with COVID-19?
Yes. COVID-19 vaccination works by teaching your immune system how to recognize and fight the virus that causes COVID-19, and this protects you from getting sick with COVID-19.
- Will a COVID-19 vaccine alter my DNA?
No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way