

Summer Food Menu 2021

All meals include milk

Monday

Breakfast:

Cereal and whole fruit

Lunch:

Turkey and cheese sandwich, carrot coins with ranch, whole fruit

Tuesday

Breakfast:

Bagel with cream cheese and whole fruit

Lunch:

Yogurt, granola, and blueberry parfait, broccoli with ranch

<u>Wednesday</u>

Breakfast:

Cereal and whole fruit

Lunch:

Ham and cheese sandwich, carrot coins with ranch, whole fruit

Thursday

Breakfast:

Bagel with cream cheese and whole fruit

Lunch:

Summer vegetable pasta salad, string cheese, whole fruit, and broccoli with ranch

<u>Friday</u>

Breakfast:

Cereal and whole fruit

Lunch:

Sunbutter sandwith with jelly, string cheese, carrot coins with ranch, whole fruit

Lunch served in all sites, breakfast and lunch in some sites FOOD for Lane County is an equal opportunity provider