## FERN RIDGE April Nutrition Newsletter





Chef Jet Tila



Our staff is amazing ....
March Cheers Winner

Jill Trip



School Menus





MR. BO GOTTFRIED
DIRECTOR OF DINING SERVICES
509-949-7910
BGOTTFRIED@COMPASS-USA.COM

May will find us returning to China to celebrate our winning menu item from our minor poll. We will be serving BANG BANG CHICKEN from chef Jet Tila at The Middle and High Schools on May 3<sup>rd</sup>.

## A Reason to Celebrate! May 5: Cinco De Mayo

In the United States, Cinco de Mayo is widely interpreted as a celebration of Mexican culture and heritage, particularly in areas with substantial Mexican-American populations. Today, revelers mark the occasion with parties, mariachi music, and traditional foods such as tacos and mole poblano.

## May 6: School Lunch Hero Day

For many children, the cafeteria is the first place they enter on a school day. From the first time through the cafeteria line, the lunch hero has more than nutrition on their minds. The well-being of every child is important to them. Keeping them safe, happy, and providing them with good and delicious food is also a priority.

