

# FERN RIDGE

## February Nutrition Newsletter



Kimberly Tibbets our Lead at Veneta, was chosen out of all the staff in the West Region to participate in the Chartwells Hi-Pro Training Classes. She gave her final project this month and Graduated. Looking forward to seeing Kim's growth within Chartwells. We are very proud of Kim.



In January; we took a trip to Mexico. Dishes are simple yet packed with fresh flavors like lime and cilantro and the heat of peppers and spices. Chicago-based Chef Jonathan Zaragoza, whose family owns Birrieria Zaragoza, helped develop the menu which includes Pozole, Albondigas con Arroz, Elotes.

Our staff is amazing ....  
January Cheers Winner Jill Trip  
February Cheers Winner  
Lori Johnson



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